



## We're proud to be a NZ KiVa school!



KiVa, meaning kind or nice, is an approach to bullying prevention that has been developed by the University of Turku in Finland.

KiVa has had a significant impact on reducing incidents of bullying internationally and now in New Zealand. It also shows increased feelings of well-being at school!

Your child will be part of regular KiVa lessons throughout the year where the focus is on prevention. The aim is for students to gain the knowledge and confidence to speak up.

KiVa is visible in many ways in the daily life at school. The KiVa lessons include discussion, group work, short films and role play. Many lessons concentrate on the role a group (bystanders) can have in either stopping bullying or making it worse. The students think about and practise different ways to stand up to bullying. The lessons are supplemented by on-line activities which your child can share with you at home. You will see KiVa posters and KiVa vests as you move around the school.

"It's good to be at a KiVa school!"

"Hey this year rocks no one has bullied me so far. I like this!"



The **KiVa Parents' Guide** is available on the KiVa website at [www.kivaprogram.net/parents](http://www.kivaprogram.net/parents).

The KiVa team and the class teacher tackle the bullying cases together.

Each school has a KiVa team, made up of at least three teachers or other members of the school staff. Together with the class teacher they tackle identified bullying cases. Parents can support this process by finding out more about it from the school.

If you suspect your child is either being bullied or bullying others, please contact the school so that the matter can be dealt with as soon as possible! General discussion at home with your child will also help with what to do if someone else is being bullied at the school.